



Fasting for Breakthrough
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Let Go...Let God...Walk in Faith!

Have you ever needed a breakthrough?

What is a breakthrough?

1. Important Discovery
2. Removal of barrier to progress
3. Penetration of enemy lines

I want to suggest today that these types of breakthroughs require a huge amount of faith.

Faith is a big deal.

Hebrews 11:6 And it is impossible to please God without faith.

One of the best ways to increase your faith is through the spiritual discipline of fasting.

So where do you need faith for a breakthrough? What kind of breakthrough do you need? Can fasting make a difference?

We are asking the entire church to join together for a 21 Day Fast.

Isaiah 58:6-8

⁶ “No, this is the kind of fasting I want: Free those who are wrongly imprisoned; lighten the burden of those who work for you. Let the oppressed go free, and remove the chains that bind people. ⁷ Share your food with the hungry, and give shelter to the homeless. Give clothes to those who need them, and do not hide from relatives who need your help. ⁸ “Then your salvation will come like the dawn, and your wounds will quickly heal. Your godliness will lead you forward, and the glory of the LORD will protect you from behind.

This passage is full of examples of how fasting can bring breakthroughs in specific areas.

1. **Addiction** – To free those who are wrongly imprisoned (Isaiah 58:6) Freeing ourselves and others from the addictions to sin.

We are fasting for Celebrate Recovery to be a reality in our church.

2. **Problem Solving** – To lighten the burden of those who work for you (Isaiah 58:6) Inviting the Holy Spirit to lift loads and overcome barriers that keep you from walking in joy.

Are there any problems you keep facing you desire to be eliminated?

Who is looking for a job?

For our church, it is a financial breakthrough!

3. **Overcome Oppression** – To let the oppressed go free (Isaiah 58:6) Being used by God to bring people out of the kingdom of darkness and into God's marvelous light.

We fast to win the lost and see those on the marker boards come into His light.

2010 Mission Trips

4. **Facing Fears** – To remove the chains (yoke) that bind people (Isaiah 58:6) Giving control to God so we can conquer the mental and emotional problems of our lives.

No longer will we be gripped by our fears.

5. **Meeting Needs** – To share your food with the hungry and give shelter to the homeless (Isaiah 58:7) Caring for the poor and meeting the needs of others.

We pray for supernatural blessing to those in our church and community.

6. **Gaining Perspective** – You salvation will come like the dawn (Isaiah 58:8) Bringing insight as we make crucial decisions

We need wisdom

7. **Healing** – Your wounds will quickly heal (Isaiah 58:8) Balancing health and experience healing.

Who here needs healing? Who has a burden for someone in need of healing?

8. **Greater Influence** – Your godliness will lead you forward (Isaiah 58:8) Desiring God to use us. Enhancing our testimony to influence others for Jesus.

Who wants God to ahead of us? To prepare our way?

9. **Protection** – The glory of the Lord will protect you (Isaiah 58:8) Receiving protection from the evil one.

Would you rather fight the evil one yourself...or let the Lord be your body guard?

Closing:

Who is ready for a breakthrough? If you want something you've never had...you need to do something you've never done.